p {
  color: red;
  text-align: center;
}

h1 {
  text-align: center;
  color: red;
}

h2 {
  text-align: center;
  color: red;
}

h1, h2, p {
  text-align: center;
  color: red;
}

-----------------------------------------------------------------

<!DOCTYPE html>
<html>
<head>
<link rel="stylesheet" href="mystyle.css">
</head>
<body>

<h1>This is a heading</h1>
<p>This is a paragraph.</p>

</body>
</html>

### **"mystyle.css"**

body {
  background-color: lightblue;
}

h1 {
  color: navy;
  margin-left: 20px;
}

<!DOCTYPE html>
<html>
<head>
<style>
body {
  background-color: linen;
}

h1 {
  color: maroon;
  margin-left: 40px;
}
</style>
</head>
<body>

<h1>This is a heading</h1>
<p>This is a paragraph.</p>

</body>
</html>

<!DOCTYPE html>
<html>
<body>

<h1 style="color:blue;text-align:center;">This is a heading</h1>
<p style="color:red;">This is a paragraph.</p>

</body>
</html>

<!DOCTYPE html>

<html>

<head>

<style>

body {

 background-color: linen;

}

</style>

</head>

<body>

<h1>This is a Heading</h1>

<p>This is a paragraph.</p>

<p>This is another paragraph.</p>

</body>

</html>

<!DOCTYPE html>

<html>

<head>

</head>

<body style="background-color: linen">

<h1>This is a Heading</h1>

<p>This is a paragraph.</p>

<p>This is another paragraph.</p>

</body>

</html>